

# Clarkstown Parks & Recreation



Fall and Winter  
2023 - 2024



# Town of Clarkstown

## A Message from Your Town Board



**George Hoehmann**  
Town Supervisor



**Frank Borelli**  
Councilman  
Ward 1



**Michael Graziano**  
Councilman  
Ward 2



**Donald Franchino**  
Councilman  
Ward 3



**Patrick Carroll**  
Councilman  
Ward 4

Dear Resident,

We are pleased to send you the fall and winter Parks and Recreation Guide for 2023/2024. We have many new, exciting programs and events planned for you to enjoy. Please browse this brochure and take the time to learn about all the recreational programs available to you.

Clarkstown remains committed to providing our residents with a variety of quality programs that are family friendly and of individual interest. As space can be limited for programs, please register early to ensure your place.

We hope you take the opportunity to make use of our wonderful recreational programs and facilities! We look forward to seeing you in our beautiful parks!

If you have any suggestions or comments, please call our Parks and Recreation Office at 845-639-6200.

Sincerely,

George Hoehmann  
Town Supervisor

[g.hoehmann@clarkstown.org](mailto:g.hoehmann@clarkstown.org) | 845.639.2050  
[towncouncil@clarkstown.org](mailto:towncouncil@clarkstown.org) | 845.639.2056

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**Stay in touch with what's happening in Clarkstown....**  
**Sign-up for our e-newsletter!**

To receive our e-newsletter:  
Visit our website at  
[clarkstown.gov](http://clarkstown.gov) and click  
"Register to Receive e-News"

OR

Send an email with your  
first and last name to  
[enews@clarkstown.org](mailto:enews@clarkstown.org)



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## Clarkstown Parks & Recreation Board

**Eric Hammermeister**, Superintendent  
**Paul Schofield**, Deputy Town Attorney  
**Brian Tesseyman**, Chairman  
**Scott W. Milich**, Vice Chair  
**Shirley Washington**

**Rita Kelly**  
**Vincent Naclerio**  
**Jeffrey Schnapper**  
**Lauren Marie Wohl**

The Parks and Recreation Board sponsors and conducts a year round program of activities, events, and services for the children and adults of the community under full-time professional supervision. For additional information please feel free to call **845.639.6200**.



**READY  
CLARKSTOWN**

**Emergency Notification System**

**IF WE CAN'T CONTACT YOU...WE CAN'T ALERT YOU!**

This system enables the Clarkstown Police to **ALERT YOU** about emergency situations affecting your neighborhood, business or other designated locations of concern to you within the Town of Clarkstown such as schools, day care centers, and relatives' homes.

### You will receive notifications on:

- **Police Alerts** (ex: burglaries and major crime events)
- **Public Work Alerts** (ex: road closures and storm recovery efforts)
- **Public Health/Environmental Alerts** (ex: flooding and snow emergencies)

You can register multiple technology devices (such as personal cell phone, work cell phone, home phone, personal emails, or work emails) specifying the best way to reach you in an emergency.

Individuals with disabilities who require assistance can register by calling the Clarkstown Police at **845.639.5853**.



**DON'T BE LEFT OUT, REGISTER TODAY.**

Visit our website at [clarkstown.gov](http://clarkstown.gov)  
and click on the Ready Clarkstown logo.



# Registration Dates & Online Information

Registration will be accepted at the Administration Building - Zukor Park.

Directions to Administration Building Zukor Park/Street Community Center,  
31 Zukor Road, New City, NY 10956:

Take Main Street in New City north, past the New City Library. Continue to first STOP sign. Continue straight, Zukor Road, Administration Building is first red brick building on left, across from Historical Society of Rockland County.

When you register for a program two weeks (or less) prior to the start date, **THE FEE MUST BE PAID IN CASH or Credit Card.**

**Registration Hot Line 639-6200**

**Registration in Progress.** Online registration will be available until 2 days prior to start of program unless otherwise noted. Call the Administration office for availability after that date.

All residents must re-verify their address at the beginning of 2024. Don't wait until summer when the lines are long!

#### IN PERSON REGISTRATION HOURS:

Monday through Friday	9:30 am-4:00 pm
Tuesday evening	7:00 pm-9:00 pm
Saturday morning	10:00 am-12:00 Noon

- To register in all programs, proof of age (Birth Certificate/ Drivers License) and residency are required. Three forms of residency are required, examples: valid NYS Driver's License and current utility bill of primary residence. Programs based on grade must have report card to enroll. All registration is based on grade entering in the fall of 2023.

- Refunds and/or make-up classes will not be issued for classes cancelled due to inclement weather.

#### Refund Policy

Refunds/credits for recreation programs will be processed upon request in accordance with the following policy:

Full refunds/credits will be issued for classes cancelled by the Parks and Recreation Board. Full refunds/credits will be granted to individuals if it is prior to the start of class/activity, minus service fee for refunds. Refunds submitted after class has started will only be issued for medical reasons or if you have moved. A physician's verification will be required in writing. The request must be made within seven (7) working days of the situation. No refunds will be granted after a program/activity has been completed. Credits will be good up to one (1) year from date issued. They will be void after that time period. A \$25.00 service fee will be charged on all refund applications except those cancelled or closed by the Board. A letter must be written to the Superintendent of Parks and Recreation explaining why a refund/credit is being requested.

#### Returned Check Policy

There will be a charge of \$20.00 on all checks returned by a bank. For example: insufficient funds, endorsement missing, endorsement not as drawn, wrong bank, signature, uncollected funds, account closed, payment stopped, post dated, foreign checks not marked "Payable in New York," other.

## Community Pass Comes to Clarkstown

The Clarkstown Parks and Recreation Department announces the streamlining of its registration process for all programs, passes and ID Cards. **ALL Clarkstown residents MUST create an account on the CommunityPass website.**

CommunityPass is a secure site that the Town of Clarkstown is now using for program and facility registrations. Please follow the instructions below to set up your family account.

**\*\*If you already have a CommunityPass account from another organization or community, please use your existing username and password to log in and register to programs offered through this organization. *You do not need to create a new account.*\*\***

1. From a computer with internet connection, GO TO:  
<https://register.communitypass.net/clarkstown> or go to [www.clarkstown.gov](http://www.clarkstown.gov) and go to town departments, Parks & Recreation, online registration.
2. Click on the blue box that says "Create an Account" on the left side of the screen.
3. Make up your own User Name (no spaces allowed) and Password in the Log In information.
4. Scroll down and enter your Primary Account Information (The adult you want listed as the Head of the Household must be 18 or older) **\*\*Please make sure to put in your mobile number and provider and check off the box to the right if you would like to receive alerts via text messaging.\*\***
5. Click on the orange "CREATE" box.
6. Read Privacy Policy, **Accept**, and click on the orange "FINISH" box.
7. This should take you to the Main Page, click "VIEW ACCOUNT" on the bottom right.
8. Click "Add Adult" or "Add Child" on the top right **\*Any individual 18 and older is considered an Adult\*** **\*Anyone 18 or over must create their OWN HOUSEHOLD and prove their own residency\*** (any additional accounts must use a different primary phone #) **\*Grandparents living in the home must also create their OWN SEPARATE HOUSEHOLD and prove their own residency\***(any additional accounts must use a different primary phone #).
9. Put information in and when complete click the orange "Add Adult" or "Add Child" button at the bottom

**YOU MUST COME IN TO OUR OFFICE TO SHOW US YOUR PROOF(S) OF RESIDENCY!**

For list of acceptable residencies go to the general forms section on our website and see the Community Center ID card information sheet!

# Special Events

## Family Campout at Congers Lake Memorial Park

Overnight Family Camp out: Includes traditional camping activities with a campfire.

**Eligible:** All families that are Clarkstown residents. Adults must be present to supervise any youth under 18.

**Date/Time:** Friday, September 8, 2023 after 4:00 PM through Saturday, September 9, 2023 at 10:00 AM sharp  
(Raindate: Friday, September 29, 2023 – Saturday, September 30, 2023)

**Location:** Congers Lake Memorial Park, 8 Gilchrest Road, Congers  
**Fee:** \$25.00 per adult and \$20.00 per child under 18. Includes BBQ dinner, late night snack and a light breakfast. **NO REFUNDS**

**Notes:** 1. You must supply your own tent, sleeping bags and camping equipment – No Pop-up trailers. 2. Fishing is allowed on the lake. If you intend to fish, make sure you have all appropriate fishing licenses. Please call the Town Clerk's Office at 639-2010 for additional information.



## Community Tag Sale and Touch a Truck

Come sell or shop! If you've thought of having a yard sale, this is a great place to come sell your items.

**Location:** Germonds Park Parking Lot

**Date:** Saturday, September 23, 2023 (Rain Date: Saturday, September 30, 2023)

**Time:** 9:00am – 2:00pm

**Eligible:** All Clarkstown Residents

**Fee:** \$30.00 (sellers) includes 2 parking spots per one registration location (must supply your own tables). Free to attend.

### TOUCH A TRUCK

Children will have a hands on opportunity to be able to explore Police, Fire, Emergency, Highway and Heavy Machinery.

**Location:** Germonds Park

**Dates:** Saturday, September 23, 2023 (Rain Date: September 30, 2023)

**Time:** 10:00am – 1:00pm

## National Hunting and Fishing Day

At Congers Lake Memorial Park

8 Gilchrest Road, Congers

Saturday, September 23, 2023

9:00am – 3:00pm | Rain or Shine

Activities for all ages

Fly Fishing and Fly Tying, Archery Demo's

Fishing Poles and Bait will be available to use.

Learn about Hunting, Fishing and getting outdoors!



## Halloween Festival

Hayride, costume judging and more. Saturday, October 28, 2023

11:00 am at Congers Lake Memorial Park, 8 Gilchrest Road, Congers. (Rain or shine)

**For boys and girls up to 10 years**

**Registration: On site.**

### TRUNK OR TREAT

Decorate your car and provide treats to the participants of the Halloween Festival. Prize will be given out to the best decorated car.

**Location:** Congers Lake Memorial Park

**Time:** Cars set up by 10:30am

**Fee:** Free, but must be **Pre-registered to participate.**

**Limit:** 30 cars



## Clarkstown's Halloween K-9 Costume Contest

There will be a winner in each category for dogs under 25 pounds and for dogs over 25 pounds.

1- Scariest

2- Most Original

3- Cutest

**Date:** Friday, October 20, 2023 6:00 pm at the Congers Lake Memorial Park Hockey Rink. (Rain Date: October 27, 2023)



## Build a Snowman Contest

Have your family build a snowman any time after January 1st; take a picture of it and mail to Administration Building-Zukor Park, 31 Zukor Road, New City.

Categories are: A) Typical Snowman, B) Any Variety (animal, etc.) C) Best Dressed, D) Most Original. E) Most Patriotic. **Pictures must be mailed in by March 22, 2024.**

**Winners will be notified by April 19, 2024.**

**(Name and telephone number on back of picture.)**

## Basketball Foul Shooting Contest

Saturday, January 20, 2024 - 10:00 am at various gyms. Annual event for the whole family, ages 8 and up.

**Registration: On site.** Call for further information.

## Rockland Community Foundation

### "Clarkstown Cares Scholarship Fundraiser"

Bowling event to support Clarkstown Camp Scholarship Fund

Includes 2 games of bowling and shoes and tricky trays.

**Date/Time:** Monday, April 8, 2024

6:00 pm Registration, Bowling 6:30-8:00pm

**Fee:** Register by March 6th \$20.00 per bowler after March 6th \$25.00

Mail or drop off check to New City Bowl, 90 North Main Street, New City, NY 10956

Make checks payable to: Clarkstown Cares

Bowling Lane Sponsorship available - \$100.00 each

## Flashlight Egg Hunt

Bring the whole family for this special night time egg hunt. All families bring baskets and a flashlight. Perhaps a visit from the Easter bunny.

**Date:** Thursday, March 28, 2024 (Rain Date: Tuesday, April 2, 2024)

**Time:** 7:00 pm SHARP

**Eligible:** Full family

**Location:** Zukor Park

**No pre-registration required.**



# Family Programs

## Family Wiffle Ball Night

Come enjoy a fun night of wiffleball.

**Eligible:** All Clarkstown residents

**Date:** Friday, September 22, 2023

Friday, April 26, 2024

**Time:** 7:00 – 8:30pm

**Fee:** No Fee, but pre-registration is required for each date.

**Location:** Central Nyack Community Center

**Limit:** 14



## Open Ping Pong **NEW!**

Come spend time with other Clarkstown Families, enjoy good company, make new friends with some ole fashion fun with open ping pong nights.

**Eligible:** Open to all Clarkstown residents with a current community center ID Card.

**Days:** Mondays

**Time:** 6:00pm – 8:00pm

**Fee:** No Fee

**Location:** Pascack Community Center,  
87 New Clarkstown Road, Nanuet

## Open Badminton

Come spend time with other Clarkstown Families, enjoy good company, make new friends with some ole fashion fun with open badminton nights.

**Eligible:** Open to all Clarkstown residents with a current community center ID Card.

**Days:** Mondays

**Time:** 6:00pm – 8:00pm

**Fee:** No Fee

**Location:** Pascack Community Center,  
87 New Clarkstown Road, Nanuet

## Family Dodgeball Snowball Fight

Variety of Dodgeball games with soft Gator Skin Dodgeballs.

**Eligible:** All Clarkstown residents

**Date:** Friday, December 8, 2023

**Time:** 7:00PM – 8:30PM

**Fee:** No fee

**Location:** Pascack Community Center,  
87 New Clarkstown Road, Nanuet

**Date:** Friday December 15, 2023

**Time:** 7:00PM – 8:30pm

**Fee:** No fee

**Location:** Central Nyack Community Center,  
58 Waldron Avenue, Central Nyack

## Holiday Family Hoedown

A family evening of square dancing co-sponsored by Rockland Rockytops Square Dance Club (No Experience or Partner necessary).

**Instructor:** Rockland Rockytops Angels

**Eligible:** All Clarkstown residents 6 years of age and older

**Date/Time:** Friday, December 15, 2023  
7:00pm – 8:45pm

**Fee:** No Fee

**Location:** Congers Community Center

**Limit:** 100



## Valentine's Day Dance Party

Come out and enjoy the sounds of DJ Raze, for an evening of great music, dancing, snacks, dance games, arts and crafts, and special valentine's prize raffle giveaways. Come and have fun with the ones you LOVE.

**Eligible:** All Clarkstown residents

**Date:** Friday, February 9, 2024

**Time:** 7:00 PM – 10:00 PM

**Fee:** FREE

**Location:** Congers Community Center

**Note:** All participants must have a community center I.D. card

# School's Out

## Kids Night Out

Kids play organized games in the gym and game room (ex: wiffle ball, dodgeball, homerun derby, etc.). Parents have to sign the child or children into the program and sign them out. Children must wear sneakers to participate in the activities and bring water.

**Eligible:** Clarkstown residents in Grades 3 - 5

**Dates:** Oct. 20, Dec. 15, 2023, Feb. 9, April 12, June 14, 2024

**Eligible:** Clarkstown residents in Grades 6 - 7

**Dates:** Sept. 15, 2023, Jan. 19, March 8, May 10, 2024

**Time:** 6:30pm - 8:30pm

**Fee:** \$2.00 per date

**Location:** Pascack Community Center,  
87 New Clarkstown Road, Nanuet, NY 10954



## Baking

Children will learn how to make different desserts.

**Eligible:** Grades 3 - 5

**Date/Time:** Friday, March 15, 2024 9:00am - 12:00pm

**Location:** Pascack Community Center

**Fee:** \$15.00

**Limit:** 8

## Child and Babysitting Safety Training Program

Child and Babysitting Safety (CABS) training program is intended primarily for ages 11-15 and others who are planning to provide babysitting services for young children and infants. The program includes instruction on the business of babysitting, proper supervision, basic caregiving skills, and guidelines on how to recognize and handle problems that may occur. The goal of this training program is to help students develop the knowledge, skills, and confidence to effectively supervise and manage children in their care.

**Eligible:** Ages 11 - 15

**Dates:** Thursday, Oct. 12, 2023; Thursday, Oct. 26, 2023;  
Thursday, Nov. 16, 2023; Thursday, Dec. 7, 2023  
Thursday, March 21, 2024, April 18, 2024

**Time:** 5:30pm - 8:30pm

**Location:** Street Community Center

**Fee:** \$25.00

**Limit:** 12 students per instructor



## Mini-Camp

Mini-Camp will consist of arts & crafts, sports, gym games, quiet games, in-house movies, trips to places such as roller skating, the movie theatre, bowling, plus special events each day. Grades K-7.

**Time:** 8:30am - 5:30pm

**Dec. 26-29, 2023 (4 Days)**

**FEE:** Register by 12/4 \$300.00

on or after 12/5 \$320.00

**Registration info:** Last day for online registration is Dec. 15, 2023

**Location:** Street Community Center

**Feb. 20-23, 2024 (4 Days)**

**FEE:** Register by 1/29 \$300.00

on or after 1/30 \$320.00

**Registration info:** Last day for online registration is Feb. 9, 2024

**Location:** Street Community Center

**April 1-5, 2024 (5 Days)**

**FEE:** Register by 3/11 \$375.00

on or after 3/12 \$395.00

**Registration info:** Last day for online registration is March 22, 2024

**Location:** Street Community Center

**April 22-24, 2024 (3 Days)**

**FEE:** Register by 4/8 \$225.00

on or after 4/9 \$245.00

**Registration info:** Last day for online registration is April 12, 2024

**Location:** Street Community Center

*(If school calendar should change due to snow, dates and fees will be adjusted.)*

**Don't wait until the last minute to register or your class may be cancelled.**

# Instructional Programs

## Mommy and Me Story Time

Story time and crafts

**Eligible:** Ages 1-5 and accompanied by an adult

**Day/Time:** Wednesdays 11:30am – 12:30pm

**Fee:** \$45.00

**Location:** Street Community Center

**Limit:** 10

### FALL SESSION

**Dates:** September 27 – November 15, 2023

### WINTER SESSION

**Dates:** January 24, 2024 – March 20, 2024 | *Holiday: February 21, 2024*

## Youth Baking

Children will learn how to make different meals and desserts.

**Location:** Street Community Center

**Fee:** \$75.00

**Eligible:** Grades 3-5

**Day/Time:** Tuesdays 4:30pm – 6:00pm

### FALL SESSION

**Dates:** September 26 – November 28, 2023

*Holiday: October 31, Nov. 7, 2023*

### WINTER SESSION

**Dates:** January 16, 2024 – March 12, 2024 | *Holiday: February 20, 2024*

**Eligible:** Grades 6-7

**Day/Time:** Wednesdays 5:00pm – 6:30pm

### FALL SESSION

**Dates:** September 27 – November 15, 2023

### WINTER SESSION

**Dates:** January 17, 2024 – March 13, 2024 | *Holiday: February 21, 2024*

**Limit:** 10



## Move & Groove

Do you love music? Do you love to dance? Then this program is for you! A non-competitive class where we focus on exercise, warm ups, and dancing. Learn how to count music and listen to the beat. Wear comfortable clothing and sneakers. No special dance attire required!

**Eligible:** Ages 5-8

**Day/Time:** Wednesdays 4:30pm-5:15pm

**Fee:** \$45.00

**Location:** Street Community Center

**Limit:** 10

### FALL SESSION

**Dates:** September 27 – November 15, 2023

### WINTER SESSION

**Dates:** January 24, 2024 – March 20, 2024 | *Holiday: February 21, 2024*

## Pre-Schooler & Parent Drop-In Gym

Playtime in the gym for parents and children 1-5 years old. There will be equipment to climb on, ride on, balls and activity carpets. Parents must stay in the gym with their child. Sneakers must be worn. You may attend both locations.

**Location:** Congers Community Center

**Days/Time:** Mon., Wed., 10:30-12:30 pm

**Location:** Pascack Community Center

**Days/Time:** Fri., 10:30 – 12:30 pm

**Dates:** Oct. 2, 2023 – April 12, 2024

**Fee:** \$110.00 one child & one parent

\$75.00 for additional child

**Program is Cancelled Whenever School is Closed**

## Fencing

Learn the basics of fencing, including strategy, footwork, form and actual fencing “with electric equipment.”

**Instructor:** Rockland Fencers Club

**Eligible:** Ages 8 – 15

**Day/Time:** Mondays 4:30pm – 5:30pm

**Fee:** \$160.00

**Location:** Street Community Center

**Limit:** 10 per class

### FALL SESSION

**Dates:** Oct. 16 – Nov. 20, 2023

### SPRING SESSION

**Dates:** April 8 – May 20, 2024 | *Holiday: April 22, 2024*

## Bowling

You will bowl for ten weeks, two games each week, rental shoes and bowling instruction.

**Location:** New City Bowl  
90 North Main Street

**Fee:** \$180.00 without ball  
\$240.00 with ball

**Eligible:** Grades K - 12

**Day/Time:** Fridays 4:40pm – 6:00pm

### FALL SESSION

**Dates:** Nov. 3, 2023 – Jan. 26, 2024

*Holidays: Nov. 10, 24,*

*Dec. 29, 2023*

### WINTER SESSION

**Dates:** Feb. 2 – May 3, 2024

*Holidays: Feb. 23, March 15, 29,  
April 5, 2024*



**Don't wait until the last minute to register or your class may be cancelled.**



# Youth Athletic Instructional Programs

## Registration Information

Online registration will be available until 2 days prior to start of program unless otherwise noted. Call the Administration office for availability after that date.

### Introduction to Soccer Skills

Introduction to soccer skills such as: warm up, passing and shooting drills. This program is indoors and must wear sneakers.

**Eligible:** Grades 3-5

**FEE:** \$50.00-includes T-shirt

**Location:** Pascack Community Center

**Day/Time:** Tuesdays, 4:15pm - 5:15pm

**Dates:** Oct. 10 - Dec. 5, 2023

*Holiday: Oct. 31, Nov. 7, 2023*

### Introduction to Basketball

Basketball fundamentals, lead up skills, drills and scrimmages.

**Eligible:** Grades K-2 **FEE:** \$50.00-includes T-shirt

**Location:** Congers Community Center

#### WINTER SESSION

**Dates:** Wednesdays Jan. 17 - March 6, 2024

*Holiday: Feb. 21, 2024*

Thursday Jan. 18 - March 7, 2024

*Holiday: Feb. 22, 2024*

**Kindergarten:**

Thursdays, 4:30 - 5:20pm

**Grades 1-2:**

Wednesdays, 4:30 - 5:20pm

### Intro to Puff Hockey

Introduction to Hockey fundamentals, lead up skills, drills and scrimmages.

**Eligible:** Grades K-2 **FEE:** \$50.00-includes T-shirt

**Location:** Pascack Community Center

#### WINTER SESSION

**Dates:** Tuesdays Jan. 16 - March 5, 2024

*Holiday: Feb. 20, 2024*

Fridays Jan. 19 - March 8, 2024

*Holiday: Feb. 23, 2024*

**Kindergarten:**

Fridays, 4:30 - 5:20pm

**Grades 1-2:**

Tuesdays, 4:30 - 5:20pm

### Recess Games

Play all the games you enjoy in school such as - tag, what time is it Mr. Fox, Red light Green light, relay races, etc.

**Eligible:** Grades K-1

**Day/Time:** Wednesdays 4:30pm - 5:20pm

**Eligible:** Grades 2-3

**Day/Time:** Wednesdays 5:30pm - 6:20pm

**FEE:** \$70.00

**Location:** Street Community Center

#### FALL SESSION

**Dates:** Sept. 27 - Dec. 6, 2023

*Holiday: Nov. 22, 2023*

#### SPRING SESSION

**Dates:** March 13 - May 29, 2024

*Holiday: April 3, 24, 2024*

### All Sports

Play a different sport each visit such as - Basketball, Soccer, Wiffleball, etc.

**Eligible:** Grades K-1

**Day/Time:** Thursdays 4:30pm - 5:20pm

**Eligible:** Grades 2-3

**Day/Time:** Thursdays 5:30pm - 6:20pm

**FEE:** \$70.00

**Location:** Street Community Center

#### FALL SESSION

**Dates:** Sept. 28 - Dec. 7, 2023

*Holiday: Nov. 23, 2023*

#### SPRING SESSION

**Dates:** March 14 - May 23, 2024

*Holiday: April 4, 2024*

### Pre-K Puff

Enjoy some fun games and activities in a coach led program for 3 and 4 year olds. Parental participation permitted.

**Eligible:** Ages 3-4

**Day/Time:** Tuesdays 4:30pm - 5:30pm

**FEE:** \$50.00

**Location:** Street Community Center

#### FALL SESSION

**Dates:** Oct. 3 - Nov. 28, 2023

*Holiday: Oct. 31, Nov. 7, 2023*

#### SPRING SESSION

**Dates:** March 5 - April 30, 2024

*Holiday: April 2, 23, 2024*

### Gametime

Enjoy some gym time specifically for 4th and 5th graders. Basketball; Soccer; Wiffle Ball; Kick Ball; etc.

**Eligible:** Grades 4 - 5

**Day/Time:** Fridays 4:30pm - 5:20pm

**FEE:** \$70.00

**Location:** Street Community Center

#### FALL SESSION

**Dates:** Sept. 29 - Dec. 15, 2023

*Holiday: Nov. 10, 24, 2023*

#### SPRING SESSION

**Dates:** March 8 - June 7, 2024

*Holiday: March 15, 29, April 5, May 24, 2024*

# Arts and Crafts Programs

## Registration Information

Online registration will be available until 2 days prior to start of program unless otherwise noted.  
Call the Administration office for availability after that date.

**When you register for a program two weeks (or less) prior to the start date,  
THE FEE MUST BE PAID IN CASH OR CREDIT CARD.**

### Pre-School Arts and Crafts

A potpourri of themed crafts and activities.

**Eligible:** Ages 3-4 and any 5 year old who has not attended Kindergarten (as of 12/1/23)

**Day/Time:** Tuesdays 1:30 PM - 2:15 PM

**Fee:** \$45.00 per session

#### Fall Session

**Dates:** Oct. 10 - Nov. 28, 2023

*Holiday: November 7, 2023*

#### Winter Session

**Dates:** Jan. 16 - March 5, 2024

*Holiday: Feb. 20, 2024*

**Location:** Pascack Community Center

**Limit:** 12 per class



### Fairies and Dragons

Jump into a land of mythical creatures and use your imagination to learn and explore the land of make believe. We will go outside weather permitting.

**Eligible:** Grades 1 - 3

**Day/Time:** Thursdays 4:30pm - 5:20pm

**Fee:** \$45.00

**Location:** Street Community Center

#### FALL SESSION

**Dates:** Sept. 28 - Nov. 16, 2023

#### SPRING SESSION

**Dates:** April 11 - May 30, 2024



### Beginner Sewing

This class is suitable for those between the ages of 8 and 12. In this class students will learn how to work with a commercial sewing pattern. They will learn how to sew a simple skirt or pull on pajama bottoms, a simple top and tote bag... All materials are included in the cost of the program. Sewing machines are also provided for use.

**Instructor:** Vivian Burns

**Eligible:** Ages 8 - 12

**Day/Time:** Wednesdays 5:00pm - 6:30pm

**Fee:** \$125.00 per session

**Location:** Street Community Center

**Limit:** 12 per class

#### FALL SESSION

**Dates:** Sept. 27 - Nov. 15, 2023

#### WINTER SESSION

**Dates:** Jan. 24 - March 20, 2024 | *Holiday: Feb. 21, 2024*

#### SPRING SESSION

**Dates:** April 10 - June 5, 2024 | *Holiday: April 24, 2024*



**Don't wait until the last minute to register or your class may be cancelled.**

# Basketball

**\*All games are on Saturdays, plus evening practice one night per week.**

**Eligible:** 9 - 18 years old (as of as of 12/1/23)  
**Dates:** December 9, 2023-March 16, 2024  
*Holiday: Feb. 17, 24, 2024*  
**Fee:** \$175.00 - includes T-shirt  
**Location:** Pascack Community Center  
**Day/Time:** Saturday plus evening practice one night per week

**Age:** 12 to 14 years old - Morning Session

**Age:** 9 to 11 years old - Afternoon Session

**Age:** 15 to 18 years old - Late Afternoon Session

**Note:** **On Saturday, Dec. 9th, 12 to 14 year olds are to arrive at 9:30 am, 9 to 11 year olds are to arrive at 11:30am and 15 to 18 year olds are to arrive at 1:30pm for evaluation.**

**Parents are needed as volunteer coaches.**

## Youth Basketball Clinic

A program of instructional basketball fundamentals, lead-up skills and scrimmages.

**Eligible:** 8 year old Boys and Girls (as of 12/1/23)  
**Day/Time:** Saturdays 9:00am - 9:50am

**Eligible:** 9 - 11 year old Boys (as of 12/1/23)  
**Day/Time:** Saturdays 10:00am - 10:50am

**Eligible:** 9 - 11 year old Girls (as of 12/1/23)  
**Day/Time:** Saturdays 11:00am - 11:50am

**Eligible:** 12 - 15 year old Boys and Girls (as of 12/1/23)  
**Day/Time:** Saturdays 12:00pm - 12:50pm

**Dates:** Nov. 4 - Dec. 2, 2023 | *Holiday: Nov. 25, 2023*  
**Fee:** \$50.00-includes T-shirt  
**Location:** Pascack Community Center



## First Aid and CPR w/AED Classes **NEW!**

The HSI Adult First Aid course equips our participants to recognize, understand and care for a variety of first aid situations.

Upon successful completion a valid 2 year digital certificate for Adult First Aid certificate is issued.

The HSI Basic First Aid course equips our participants to recognize, understand and care for a variety of first aid situations.

Upon successful completion a valid 2 year digital certificate for First Aid is issued.

The American Red Cross Adult and Pediatric CPR/AED course equips students to recognize and care for a variety of breathing and cardiac emergencies involving adults, children and infants. It is designed for students who need a certification that satisfies OSHA workplace or other regulatory requirements. Upon successful completion a valid 2 year digital certificate for Adult and Pediatric CPR/AED is issued.

The HSI Basic Life Support course equips students to recognize and care for a variety of first aid issues, breathing and cardiac emergencies involving adults. It is designed for students who need a certification that satisfies OSHA workplace or other regulatory requirements. Upon successful completion a valid 2 year digital certificate for Basic Life Support (BLS) is issued.

**Class Options:** Basic Life Support (BLS)  
 Adult & Pediatric CPR/AED  
 Adult First Aid  
 Basic First Aid

**Eligible:** Ages 16 years of age and older  
**Fee:** \$50.00 per class  
**Dates:** Monday, September 18, 2023 - Adult First Aid  
 Monday, September 25, 2023 - Basic Life Support  
 Monday, October 16, 2023 - Basic First Aid  
 Monday, November 13, 2023 - Adult & Pediatric CPR w/ AED  
 Monday, December 11, 2023 - Basic First Aid  
 Monday, February 12, 2024 - Basic Life Support  
 Monday, March 4, 2024 - Adult First Aid  
**Time:** 5:30pm - 8:30pm

**Eligible:** Ages 13 to 15  
**Dates:** Monday, October 30, 2023 - Basic Life Support  
 Monday, December 18, 2023 - Basic First Aid  
 Monday, January 22, 2024 - Basic Life Support  
 Monday, March 25, 2024 - Basic First Aid  
**Time:** 5:30pm - 8:30pm  
**Location:** Street Community Center  
**Limit:** 8



# Adult Programs

## Yoga

### Hatha Yoga

Is the traditional practice we start with Vedic eye stretching & neck releases, breathing techniques (pranayama), and a set sequence of postures (asana) that balances your energy channels (chakras). Concluding with a gentle relaxing guided visualization in a yoga seat (Yoga Nidra). *Leave feeling powerful, transformed and peaceful. Bring a yoga mat.* Yogini Swaha Devi (Rev. Bonnie Ringer)- MeTso brings over 38 years of yoga practice experience & knowledge. She is a Universal Life Church Minister, CYT, E-RYT 800, Yoga Therapy Practitioner, Natural Psychic Medium & Spiritual Healing Energy Body Worker, Founder of Bonnie's Yoga Shala, Creator of Bonnie's Yoga Shala Flow-Skakti Namaskara®

**Instructor:** Yogini Bonnie Ringer, CYT, E-RYT 800, Yoga Therapy Practitioner

**Eligible:** Ages 18 and over

**Day/Time:** Tuesday 10:00-11:00am

**Location:** Pascack Community Center

**Fee:** \$115.00

#### FALL

**Session I:** October 3, 10, 17, 24, 31, 2023

**Session II:** November 14, 21, 28, Dec. 5, 12, 2023

#### SPRING

**Session I:** March 5, 12, 19, 26, April 9, 2024  
(Holiday: April 2, 2024)



### Raja/Hatha Yoga

The combination of chanting (OM) and how sound can aid us in developing a meditation practice (quieting a noisy mind), breathing technique (pranayama), a set sequence of postures (asana), bringing alignment & balancing of energy channels (chakras), meditation (witness consciousness). Concluding with a completely deep relaxed healing guided visualization in (shavasana) *Leave feeling absolute YogaBliss. Bring 2 yoga blocks, mat, blanket, strap.* Yogini Swaha Devi (Rev. Bonnie Ringer)- MeTso brings over 38 years of yoga practice experience & knowledge. She is a Universal Life Church Minister, CYT, E-RYT 800, Yoga Therapy Practitioner, Natural Psychic Medium & Spiritual Healing Energy Body Worker, Founder of Bonnie's Yoga Shala, Creator of Bonnie's Yoga Shala Flow-Skakti Namaskara®

**Instructor:** Yogini Bonnie Ringer, CYT, E-RYT 800, Yoga Therapy Practitioner

**Eligible:** Ages 18 and over

**Day/Time:** Wednesday 6:30-8:00pm

**Location:** Pascack Community Center

**Fee:** \$140.00

#### FALL

**Session I:** October 4, 11, 18, 25, 2023

**Session II:** November 1, 8, 15, 29, 2023  
(Holiday Nov. 22, 2023)

#### SPRING

**Session I:** March 6, 13, 20, 27, 2024

### Senior Yoga

I am an event planner turned yogi. I discovered yoga 10 years ago while looking for something to balance out my high pressured event planning business and to help heal my body from injuries that occurred from years of Spartan Racing. I completed a 200-hour yoga teacher training with LifePower Yoga, a program created by Jonny Kest. I also have an educational background in Social Work and Special Education. I currently teach yoga at Life Time in Hackensack, NJ as well as private lessons. My goal is to empower students and encourage their physical and spiritual self growth. I will inspire members to improve their health and well-being through the practice of yoga and continually remind them to have fun and breathe. Bring a yoga mat.

**Instructor:** Trish Geller

**Eligible:** Seniors 60 years or older

**Day/Time:** Thursdays 11:00am - 11:50am

OR Thursdays 12:00pm - 12:50pm

**Fee:** \$10.00

**Location:** Street Community Center

#### FALL SESSION

**Dates:** Sept. 28 - Nov. 16, 2023

#### WINTER SESSION

**Dates:** Jan. 4 - Feb. 29, 2024

Holiday: Feb. 22, 2024

#### SPRING SESSION

**Dates:** April 11 - May 30, 2024

# Adult Programs

## Dance Classes

Learn social dancing, ballroom and Latin from Fred Astaire Dance Studio.

**Eligible:** Ages 18 years of age and older

**Fee:** \$10.00 per class date

**Location:** Street Community Center

**Limit:** 30

Wednesday, Oct. 11th 6:00pm - 6:45pm  
Free Style

Wednesday, Nov. 8th 6:00pm - 6:45pm  
Tango / Swing

Wednesday, Jan. 17th 6:00pm - 6:45pm  
Salsa / Foxtrot

Wednesday, Feb. 7th 6:00pm - 6:45pm  
Waltz / Cha Cha

Wednesday, March 20th 6:00pm - 6:45pm  
Merengue / Viennese Waltz

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## Women's Open Volleyball

Strictly recreational play.

Come out and enjoy some easygoing volleyball.

**Day/Time:** Thursdays 7:00-8:45pm

**Location:** Congers Community Center

For more information call 268-9700

## Adult Co-Ed Open Volleyball

Teams will be formed based on who arrives to play.  
Competitive nature, no officials.

**Eligible:** Clarkstown residents 18 yrs. and older

**Day/Time:** Tuesdays 7:00-8:45 pm

**Location:** Congers Community Center

For more information call 268-9700

**Day/Time:** Mondays 6:00-8:45 pm

**Location:** Pascack Community Center

For more information call 371-6650



## Adult Open Basketball

**Central Nyack Community Center**

Saturdays 2:00pm-4:30pm

Wednesdays 7:00pm-8:45pm

For more information call 358-2500

**Congers Community Center**

Saturdays 3:00pm-5:45pm

Mondays 7:00pm-8:45pm

For more information call 268-9700

**Pascack Community Center**

Tuesdays 6:00pm-8:45pm

Thursdays 6:00pm-8:45pm

Saturdays 9:15am-12:00pm

For more information call 371-6650



## Walk to the Beat of Life

Come join us at our beautiful Congers Lake Memorial Park, for a music filled walk that hopes to help bring more pep in your step. Walk to the music of the 50's, 60's, 70's and 80's. Each week will have a different musical theme. Come out and bring your family and friends to share in a program that blends a healthier lifestyle, great music and magnificent background.

**Eligible:** Open to all Clarkstown residents

**Fee:** No Fee, but pre-registration is required

**Instructor:** Carl Brooks

**Day/Time:** Tuesdays 6:00pm - 8:00pm

**Location:** Congers Community Center

**Dates:** May 30 - October 10, 2023

# Adult/Senior Citizen Programs

## Registration Information

Online registration will be available until 2 days prior to start of program unless otherwise noted. Call the Administration office for availability after that date.

### Adult Stained Glass

Students will learn how to cut out and assemble stained glass items using copper foil method.

**Eligible:** 19 years of age and older  
**Day/Time:** Thursdays 6:30pm-8:30pm  
**Fee:** \$150.00 (Additional materials/ tool costs of \$115.00 paid directly to the instructor)

**Location:** Street Community Center  
**Limit:** 12

#### FALL SESSION

**Dates:** Sept. 28 - Nov. 16, 2023

#### WINTER SESSION

**Dates:** Jan. 25 - March 21, 2024  
*Holidays: Feb. 22, 2024*

#### SPRING SESSION

**Dates:** April 11 - May 30, 2024

### "Seniors Paint the Town"

Get ready to be inspired by our local artists who will guide you step by step through a featured painting. At the end of the class...leave with your very own 16" X 20" masterpiece. Aprons will be provided.

**Instructor:** Nicolette Cannavale

**Eligible:** Senior citizens (60 and older)

**Location:** Street Community Center

**Fee:** \$10.00 per date

<b>Days/Time:</b> Thursday, September 14, 2023	10:00am - 12:00pm
"Salt Lake Mountains"	Reg. start date Aug. 17
Wednesday, September 20, 2023	1:30pm - 3:30pm
"Sailboats on the Cape"	Reg. start date Aug. 23
Thursday, September 21, 2023	10:00am - 12:00pm
"Monument Valley"	Reg. start date Aug. 24
Thursday, October 12, 2023	10:00am - 12:00pm
"Tranquil Tulips"	Reg. start date Sept. 14
Wednesday, October 18, 2023	1:30pm - 3:30pm
"Sunset Cove"	Reg. start date Sept. 20
Thursday, October 19, 2023	10:00am - 12:00pm
"Fright Night"	Reg. start date Sept. 21
Thursday, November 2, 2023	10:00am - 12:00pm
"Japanese Maple"	Reg. start date Oct. 5
Wednesday, November 22, 2023	1:30pm - 3:30pm
"Walk in the Rain"	Reg. start date Oct. 25
Thursday, November 30, 2023	10:00am - 12:00pm
"Sunset on the West Coast"	Reg. start date Nov. 2
Wednesday, December 13, 2023	1:30pm - 3:30pm
"Frosty Friend"	Reg. start date Nov. 15
Thursday, December 14, 2023	10:00am - 12:00pm
"Snow Birds"	Reg. start date Nov. 16
Thursday, December 28, 2023	10:00am - 12:00pm
"Winter Moon"	Reg. start date Nov. 30

REGISTRATION IS LIMITED TO 15



### Canvas Painting Classes

Enjoy painting a 16" X 20" masterpiece. Be inspired by local artists who will guide you step by step through a featured painting. Different painting each week.

**Eligible:** Clarkstown residents ages 8 and up

**Location:** Street Community Center, 31 Zukor Road, New City, NY

**Dates:** Monday, September 11, 2023 - "Sea Turtle Fun"  
Monday, October 16, 2023 - "Jack-O-Lantern Fun"  
Monday, November 20, 2023 - "Golden Sunset"  
Monday, December 18, 2023 - "Snow Friends"

**Time:** 5:45pm - 7:45pm

**Fee:** \$40.00 per date

### Beginner Sewing for Adults

This class is suitable for adults wanting to learn to sew clothing as well as someone who wants a refresher course. Students will be taught how to read and fit a commercial sewing pattern and construct a garment of their choice. Sewing machines will be provided for use or bring your own. Students will be taught appropriate techniques for successful completion of their garment. Students must bring a garment pattern of their choice and fabric will be discussed during the first class.

**Instructor:** Vivian Burns of So You...

**Eligible:** 19 years of age and older

**Day/Time:** Wednesdays 7:00pm - 8:30pm

**Fee:** \$125.00 (other materials will need to be purchased separately)

**Location:** Street Community Center

**Limit:** 12 per class

#### Fall Session

**Dates:** Sept. 27 - Nov. 15, 2023

#### Winter Session

**Dates:** Jan. 24 - March 20, 2024

*Holiday: Feb. 21, 2024*

#### Spring Session

**Dates:** April 10 - June 5, 2024

*Holiday: April 24, 2024*



**Don't wait until the last minute to register or your class may be cancelled.**



# Adult Indoor Pickleball

Come out and play the fun game of Pickleball! You must bring your own paddles and balls. Must wear sneakers.

**Eligible:** 18 years of age and older

## Congers Community Center

### FALL:

**Dates:** Sept. 27 – Dec. 16, 2023

*Holidays: Oct. 7, 28, Nov. 10, 23, 24, 25, Dec. 15, 2023*

C-1: Wednesdays	5:45pm – 7:15pm	Fee: \$60.00
C-2: Wednesdays	7:15pm – 8:45pm	Fee: \$60.00
C-3: Thursdays	10:15am – 11:45am	Fee: \$55.00
C-4: Thursdays	12:00pm – 1:30pm	Fee: \$55.00
C-5: Fridays	5:30pm – 7:00pm	Fee: \$45.00
C-6: Saturdays	9:30am – 11:00am	Fee: \$45.00
C-7: Saturdays	11:15am – 12:45pm	Fee: \$45.00

### WINTER:

**Dates:** Jan. 10 – April 27, 2024

*Holidays: Feb. 17, 21, 22, 23, 24, March 15, 29, 30,*

*April 3, 4, 5, 6, 24, 2024*

C-8: Wednesdays	5:45pm – 7:15pm	Fee: \$65.00
C-9: Wednesdays	7:15pm – 8:45pm	Fee: \$65.00
C-10: Thursdays	10:15am – 11:45am	Fee: \$70.00
C-11: Thursdays	12:00pm – 1:30pm	Fee: \$70.00
C-12: Fridays	5:30pm – 7:00pm	Fee: \$60.00
C-13: Saturdays	9:30am – 11:00am	Fee: \$60.00
C-14: Saturdays	11:15am – 12:45pm	Fee: \$60.00

**Limit: 16**



## Street Community Center

### FALL:

**Dates:** Sept. 26 – Dec. 16, 2023

*Holidays: Oct. 7, 9, Nov. 7, 10, 23, 24, 25, 2023*

S-1: Mondays	7:00pm – 8:30pm	Fee: \$50.00
S-2: Mondays	11:00am – 12:30pm	Fee: \$50.00
S-3: Tuesdays	7:00pm – 8:30pm	Fee: \$55.00
S-4: Wednesdays	9:15am – 10:45am	Fee: \$60.00
S-5: Wednesdays	11:00am – 12:30pm	Fee: \$60.00
S-6: Thursdays	7:00pm – 8:30pm	Fee: \$55.00
S-7: Fridays	9:15am – 10:45am	Fee: \$50.00
S-8: Fridays	11:00am – 12:30pm	Fee: \$50.00
S-9: Saturdays	9:15am – 10:45am	Fee: \$50.00
S-20: Mondays	7:00pm – 8:30pm	Fee: \$50.00

### WINTER:

**Dates:** Jan. 8 – April 27, 2024

*Holidays: Jan. 15, Feb. 17, 19, 20, 21, 22, 23, 24,*

*March 15, 29, 30, April 1, 2, 3, 4, 5, 6, 22, 23, 24, 2024*

S-10: Mondays	9:15am – 10:45am	Fee: \$60.00
S-11: Mondays	7:00pm – 8:30pm	Fee: \$60.00
S-12: Tuesdays	7:00pm – 8:30pm	Fee: \$65.00
S-13: Wednesdays	9:15am – 10:45am	Fee: \$65.00
S-14: Wednesdays	11:00am – 12:30pm	Fee: \$65.00
S-15: Thursdays	7:00pm – 8:30pm	Fee: \$70.00
S-16: Fridays	9:15am – 10:45am	Fee: \$60.00
S-17: Fridays	11:00am – 12:30pm	Fee: \$60.00
S-18: Saturdays	9:15am – 10:45am	Fee: \$60.00
S-19: Mondays	7:00pm – 8:30pm	Fee: \$50.00

**Limit: 8**

## Pascack Community Center

### FALL:

**Dates:** Sept. 26 – Dec. 13, 2023

*Holidays: Nov. 7, 2023*

P-1: Tuesdays	10:15am – 11:45am	Fee: \$55.00
P-2: Tuesdays	12:00pm – 1:30pm	Fee: \$55.00
P-3: Wednesdays	6:00pm – 7:30pm	Fee: \$60.00

### WINTER:

**Dates:** Jan. 9 – April 17, 2024

*Holidays: Feb. 20, 21, April 2, 3, 2024*

P-4: Tuesdays	10:15am – 11:45am	Fee: \$65.00
P-5: Tuesdays	12:00pm – 1:30pm	Fee: \$65.00
P-6: Wednesdays	6:00pm – 7:30pm	Fee: \$65.00

**Limit: 24**

**ALL PARTICIPANTS MUST HAVE A COMMUNITY CENTER I.D. CARD**

## Programs for Children With Special Needs

### Programs at Jawonio

Respite programs for pre-school and school aged children in New City on Saturdays and some school vacations. For more information about these programs contact Karen Taffuri, Social Worker, 845-708-2000, ext. 3240

### Camp Venture, Inc.

Programs are offered for disabled children and adults in Rockland County. You can visit our website [www.campventure.org](http://www.campventure.org) for more information on our many programs.

### ARC

Programs are offered for young adults with developmental disabilities. You can visit our website [www.arcofrockland.org](http://www.arcofrockland.org) for more information on our many programs.

### Do you Geocache?

Geocaching (pronounced "geo-cash") involves someone hiding a box of trinkets and posting the coordinates of the box's location on the internet, other people reference the coordinates and then go hunting for the trinkets. If you want to hide a cache in one of the Town's parks you must submit an application that can be found on the Town's website. This is a great hobby to get you into the great outdoors. For more info, check out [www.geocaching.com](http://www.geocaching.com).

## League Contact Information

### New City Little League

[www.newcityll@aol.com](mailto:www.newcityll@aol.com)

Contact: Michael Cohen, President, 845-825-0151  
[newcityll@aol.com](mailto:newcityll@aol.com)

### Nanuet Little League

[www.nanuetlittleleague.org](http://www.nanuetlittleleague.org)

Contact: President, Jeff Lee  
845-304-5022 or [jefflepa@gmail.com](mailto:jefflepa@gmail.com)

Contact: Vice President, Mike Carey  
845-304-3705 or [mikecarey7@gmail.com](mailto:mikecarey7@gmail.com)

### Nyack Valley Cottage Congers Little League

[www.NVCCLL.org](http://www.NVCCLL.org)

Contact: John Welch - President  
347-443-2516 or [JohnWelch0808@gmail.com](mailto:JohnWelch0808@gmail.com)

### West Nyack Little League

[www.westnyackll.website.sportssignup.com](http://www.westnyackll.website.sportssignup.com)

Contact: Tom Atzl, [westnyackll@gmail.com](mailto:westnyackll@gmail.com)

### Dirtbags Baseball

[www.thedirtbagsne.com](http://www.thedirtbagsne.com)

Contact: Brandon Mann, [brandongmann@gmail.com](mailto:brandongmann@gmail.com)

### Generals Baseball Academy

Contact: Anthony Aurecchione, 845 304 8818  
or [info@generalsbaseball.net](mailto:info@generalsbaseball.net)

### Rockland Elite Baseball

[www.Elite-nation.com](http://www.Elite-nation.com)

Contact: Joe Carello, 914-497-2466 or [joecarello@aol.com](mailto:joecarello@aol.com)

### Stars Baseball Academy

[www.starsbaseballacademy.org](http://www.starsbaseballacademy.org)

Contact: Chris Conti, 914-584-0333  
or [info@starsbaseballacademy.org](mailto:info@starsbaseballacademy.org)

### Rockland Senior Softball

Contact: Ed, 845-709-2045 or [Patsys15@aol.com](mailto:Patsys15@aol.com)

### Rockland County Softball

Contact: Tony Milewski, 914-522-3565 or [rcsoftball@aol.com](mailto:rcsoftball@aol.com)

### Clarkstown Youth Lacrosse

Contact: Bryan Pocalyko, 845-558-2840 or  
[bpocalyko@hotmail.com](mailto:bpocalyko@hotmail.com)

## Ice Skating at the Palisades Mall

**LEARN TO SKATE!** Group lessons or private instruction (contact (845)232-1028 to set up).

**BIRTHDAY PARTIES** at rink are exciting and fun, and at a super value! Contact (845)353-4855

**PUBLIC SESSIONS:** Admission is \$13.00 for Adult or Child, and \$5.00 for Skate rental. **Clarkstown Residents** and Military receive \$1.00 discount on admission. Freestyle and Stick sessions are \$20. Visit us at [www.PalisadesSkatingSchool.com](http://www.PalisadesSkatingSchool.com) for full ice schedule

### Group Lesson Program Description:

We offer group ice skating lessons for all skill levels. Our Learn to Skate USA structured program teaches the fundamentals of the sport for recreational skating and is a

prerequisite for hockey and figure skating programs. This eight-week course includes **25 minutes of instruction and 25 minutes of practice each week.**

**Classes:** Age 4 & under - Parent and me, Age 4-5 - Snowplow Sam, Age 6 and above - Basic Skills, Adult Group Classes, Synchronized Team, Hockey skating skills, and Competitors Club. During session 2 and session 6 we offer an ice show rehearsal class. All children that sign up for this class, will participate in our ice show Tuesday, December 19th 6:15 - 8:15pm (session 3) & Tuesday, June 18th 6:15 - 8:15pm (session 6)

**Day/Time:** New classes begin every 8 weeks (except Session 2 which is 7 weeks). Class day's and times are Tuesday's 6:15 & 6:40pm & Saturday's 12:00 & 12:30pm. Start dates and registration deadlines are listed below for each session.

**Session 1:** (deadline July 8th) Starts-Tuesday July 11th (Classes are available Tuesday ONLY)

**Session 2:** (deadline Sept 2nd ) Starts-Tuesday, Sept 5th & Saturday Sept 9th (7 weeks \$175)

**Session 3:** (deadline Oct 21st) Starts- Tuesday, Oct 24th & Saturday Oct 28th

**Session 4:** (deadline Dec 30th ) Starts-Tuesday, Jan 2nd & Saturday January 6th

**Session 5:** (deadline Feb 24th ) Starts-Tuesday, Feb 27th & Saturday Mar 2nd

**Session 6:** (deadline April 20th) Starts- Tuesday, April 23rd & Saturday April 27th

Check detailed class times at the rink or online at: [www.PalisadesSkatingSchool.com](http://www.PalisadesSkatingSchool.com)

**Eligible:** Ages 4 and up (yes we have Adult classes) We also offer Parent & Me for children under 4

**Fee:** Early registration is **\$200** for 8 weeks of group classes, plus a **\$25** annual registration fee (valid July. 1- June. 30). All group Classes include skate rental & an 8 week public skate punch card. This includes 2 free public sessions and six \$6 public session admissions (good through the 8 weeks of class) Specialty classes are offered at a slightly higher rate. Late registration after the deadline is \$210 for 8 weeks. Class registration can be done online or by filing out a form at the rink. **Contact:** Christina at **(845)232-1028 or [Christina@PalisadesSkatingSchool.com](mailto:Christina@PalisadesSkatingSchool.com)**



# Senior Citizen Programs

All seniors need senior citizen I.D. cards to use our community centers, Stay Fit and pools. This card is free and expires 5 years from when they were issued. You must come in and show residency for a new card. Date is on the front of the card. Please contact the registration office with any questions.



Stay Fit Seniors Circuit Program is a 30 minute Wellness Program designed to work every major muscle group, your heart, lungs and mind, all while having fun! The program is based on three components, Physical, Mental and Social well being for a Clarkstown Senior's best health. This program is for senior's 60 years or older.

**Days/Times:** Monday through Friday, 9:30am - 4:00pm

**Location:** Zukor Park Training Room

**Call 639-6200 to sign up | \*Must be pre-registered\***



(for ages 16 and up)

## Plan Ahead

Sunday, December 31st

New Year's Eve Party/Dance

**Location:** Street Community Center

**Day/Time:** Sunday 8:00pm - 12:30am

**Fee:** \$35.00 registration required



Honor our veterans and come visit the "Hall of Heroes" at Street Community Center.

## Special Programs

### 1. Special Programs - All Clubs Invited

**A.** Stained Glass. Tuesdays, 12:00pm - 2:00pm | Street Community Center, New City | No bus transportation unless noted.

**B.** Card Playing. Mondays, 1:00pm to 4:00pm | Congers Community Center, Congers.

**C.** Drop in Lounge, Wednesday, Thursday & Friday, 10:00am to 2:00pm | Street Community Center, refreshments.

**2. Monthly Social Dance for Senior Citizens** Friday evenings from 6:00pm to 9:00pm Dates scheduled are: Sept. 22, Oct. 27, \*Nov.17, 2023 at Street Community Center. Transportation is available from specific stops and pick ups.

\*Pascack Community Center

## SENIOR BINGO FUN

Chance for Seniors in the community to play bingo and socialize.

**Eligible:** All Seniors 60 and over who reside in the Town of Clarkstown

**Dates:** Tuesday, October 3, 2023  
Tuesday, November 14, 2023  
Tuesday, December 12, 2023  
Tuesday, January 9, 2024  
Tuesday, February 6, 2024  
Tuesday, March 12, 2024  
Tuesday, April 9, 2024  
Tuesday, May 14, 2024  
Tuesday, June 4, 2024

**Time:** 1:15pm-3:15pm

**Fee:** No Fee

**Location:** Central Nyack Community Center

**Limit:** Limited space. First come, first serve.

**Notes:** Coffee and snacks will be served.



## Clubs Open to residents of Clarkstown 60 years of age and over. Clubs are located in:

<b>Congers I</b>	Meets Wednesdays, 1:00pm to 4:00pm, Congers Community Center, Congers
<b>Congers II</b>	Meets Tuesdays, 1:00pm to 4:00pm, Congers Community Center, Congers
<b>Middlewood</b>	Meets Tuesdays, 1:00pm to 4:00pm, Middlewood Complex, Middletown Road, Nanuet
<b>Nanuet II</b>	Meets Mondays, 1:00pm to 4:00pm, Pascack Community Center, Nanuet
<b>New City II</b>	Meets Tuesdays, 1:00pm to 4:00pm, Street Community Center, 31 Zukor Road, New City
<b>New City III</b>	Meets Mondays, 1:00pm to 4:00pm, Street Community Center, 31 Zukor Road, New City
<b>Upper Nyack</b>	Meets Wednesdays, 12:00pm to 3:00pm, St. Francis of Assisi, 128 Parrot Rd., West Nyack
<b>West Nyack I</b>	Meets Mondays, 1:00pm to 4:00pm, St. Francis of Assisi, 128 Parrot Rd., West Nyack
<b>West Nyack II</b>	Meets Wednesdays, 1:00pm to 4:00pm, Pascack Community Center, Nanuet



# Community Centers

## Central Nyack Community Center:

58 Waldron Avenue, Central Nyack, 358-2500

September 5, 2023 – June 29, 2024

**Monday-Friday** 10:00am-5:45 pm  
7:00pm-8:45 pm

**Saturdays** 9:00am-4:45 pm

## Congers Community Center:

8 Gilchrest Road, Congers, 268-9700

September 5, 2023 – June 21, 2024

**Monday-Friday** 10:00am-8:45 pm

**Saturdays** 10:00am-5:45 pm

## Street Community Center:

31 Zukor Road, New City, 639-5705

September 5, 2023 – June 29, 2024

**Monday-Friday** 9:00am-8:45 pm

**Saturdays** 9:00am-4:45 pm

## Pascack Community Center:

87 New Clarkstown Rd., Nanuet 371-6650

September 5, 2023 – May 31, 2024

**Monday-Friday** 10:00am-8:45 pm

**Saturdays** 9:00am-4:45 pm

**Call the community centers for age specific hours.**

**Community Center I.D. Card required for anybody over the age of 2 at all community centers.**

## ONLY SERVICE ANIMALS ARE ALLOWED IN TOWN PARKS

### How "Service Animal" Is Defined

Service animals are defined as dogs that are individually trained to do work or perform tasks for people with disabilities. Examples of such work or tasks include guiding people who are blind, alerting people who are deaf, pulling a wheelchair, alerting and protecting a person who is having a seizure, reminding a person with mental illness to take prescribed medications, calming a person with Post Traumatic Stress Disorder (PTSD) during an anxiety attack, or performing other duties. Service animals are working animals, not pets. The work or task a dog has been trained to provide must be directly related to the person's disability. Dogs whose sole function is to provide comfort or emotional support **do not qualify** as service animals under the ADA.



Central Nyack Community Center



Congers Community Center



Street Community Center



Pascack Community Center

## CLARKSTOWN'S K-9 CORRALS DOG PARK AT CONGERS LAKE SOUTH

The dog park has 2 areas. There is an area for dogs 25 pounds and under and a separate area for dogs over 25 pounds. The dog park is open to Clarkstown residents only and all dogs must be registered with the Town Clerk. You must adhere to the posted rules. The dog park is open down to dusk.

## Gymnasium Rentals

The Town of Clarkstown Parks and Recreation has Gymnasiums in all Community Centers for rent. The availability of these facilities is limited and varies by center. If you are interested in renting a gym, please contact the Community Centers.

**FEES: 2023 - \$105.00 per hour | 2024 - \$110.00 per hour**


Trailway Open at Congers Lake Memorial Park.  
Come and Enjoy our 2.6 mile Trailway -  
**No Skateboards Allowed**



# Recreation & Parks Facilities

## Parks Board & Recreation Commission

Administers and maintains the Town's Parks, including community centers, swimming pools, ball fields, and other facilities. Conducts a year-round program of activities and events for pre-schoolers through senior citizens.

	GERMONDS PARK	LAKE NANUET PARK	CONGERS LAKE MEMORIAL PARK (Community Center)	KINGS PARK	DAVENPORT PRESERVE	TWIN PONDS PARK	TENNYSON PARK	PASCACK COMMUNITY CENTER	ZUKOR PARK STREET COMMUNITY CENTER	WEST NYACK HAMLET GREEN	CENTRAL NYACK COMMUNITY CENTER	CONGERS STATION PARK	TRAPHAGEN PARK	VALLEY COTTAGE HAMLET GREEN
BASEBALL/SOFTBALL	•	•	•	•			•		•					
BASKETBALL	•		•	•			•	•	•		•			
BOATING			•											
DOG PARK			•											
FISHING			•	•		•								
GAZEBO										•				•
HANDBALL			•											
ICE SKATING			•	•		•								
JOGGING PATH			•											
MINIATURE GOLF	•													
NATURE STUDY					•								•	
PASSIVE PARK										•		•	•	•
PATRIOT GARDEN									•	•		•		
PICKLEBALL			•					•	•		•			
PICNICKING	•	•	•											
PLAYGROUND	•	•	•	•			•	•	•	•				
SOCCER									•					
SPRAY PARK								•						
SWIMMING	•	•	•											
TENNIS			•											
VOLLEYBALL			•					•			•			
WALKING PATH	•		•										•	
WEIGHT ROOM			•					•	•		•			
WINTER WONDERLAND			•											



Town of Clarkstown  
Parks & Recreation  
Administration Building—Zukor Park  
31 Zukor Road | New City, NY 10956  
clarkstown.gov

PRSRT STD  
U.S. POSTAGE  
**PAID**  
MONSEY, NY  
PERMIT #9161

